

## FLEXIBLE SIGMOIDOSCOPY PREP

DATE: \_\_\_\_\_ CHECK IN TIME: \_\_\_\_\_

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Per hospital regulations you MUST have a driver to drive you home. If you are unable to keep your appointment Or have questions, please call our office at 623 773 1161. My name is \_\_\_\_\_.

Do NOT take the following medications for \_\_\_\_ days before you procedure, unless otherwise directed by the Physician. Coumadin, Heparin, Aspirin, Ibuprofen, Motrin, Aleve, Nuprin, Naprosyn, Voltaren, Feldene, Clinoril, or Salsalate. You can take Tylenol at any time. Do NOT stop any other medications other that the ones Listed above.

1) Day before your procedure: **NOTHING TO EAT THIS DAY—CLEAR LIQUIDS ONLY!**

**CLEAR LIQUIDS ARE:** Water, bouillon, broth, apple juice, white grape juice, tea soda, black coffee, Crystal light. You may also have Jell-O, Popsicles or Kool-Aid as long as they are not **RED, PURPLE OR ORANGE**. The food coloring in these 3 products may stain the colon to look like blood and cause undue Worry. Any flavor or color of Gatorade may also be taken as clear liquid. You may continue clear liquids until midnight.

You will take 10 oz. Citrate Of Magnesia (Milk of Magnesia) at 7am and at 4 pm.

2) **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**

3) Day of the procedure:

On the morning of the procedure you will use one FLEET'S ENEMA two hours before the procedure. If you take blood pressure medication every morning, you can take these with a small sip of water.

Due to the increased number of patients that do not keep their appointment for their procedure there will be a \$50.00 charge for **NOT** cancelling the procedure with at least 48 hours notice. Should you need to change the date or time please feel free to call our office at 623-773-1161, please make sure that you will be able to keep the appointment at the new time or date.

Your driver must stay in the office during your procedure and not leave. Your stay in the office will vary on the procedure to be done, this will vary from 30 minutes to 2 hours. You do not have to be at our office any earlier than the stated check In time on your prep sheet.

You **MUST** have a driver with you on the day of your procedure. **Do not drive any motor vehicle or operate dangerous equipment after your procedure.** For liability reasons you will not be able take a taxi or bus home from the procedure, unless accompanied by another adult—there will be no exceptions. If you show up in a taxi or unaccompanied by another adult—**YOU WILL BE RESCHEDULED.** Weakness and lack of coordination are the results of the medications that are given during the procedure. Do **NOT** conduct any important business or sign any legal documents on the day of the procedure.

\*\*\*\*Please be selective on whom you choose to be your driver from this procedure. Because you will be under anesthesia, you may not fully understand or remember what is said about the results. This person that is to take you home will be given any results and recommendations. They will be asked to sign the discharge orders. Please do **NOT** bring a young adult as they are usually not mature enough to understand what is said. By selecting your driver you may be allowing them access to personal information. Please let your intentions be known to our office as soon as you arrive.

**It is the patient's responsibility to know their Insurance Benefits and the coverage of their policy.** Deductibles and copays are determined by the insurance company and are not subject to any change with or without an authorization for the procedure. Our office will obtain the prior authorization for the procedure as needed per the insurance company. There will be a balance generated from our office for the 1) physicians services—Dr Bal or Dr Chadha 2) Anesthesiologist—Dr Le or Dr McClain 3) Pathology Lab—Miraca Labs, only if a polyp or biopsy is taken. These are all totally separate entities.

**IF YOU ARE SCHEDULED FOR A SCREENING COLONOSCOPY, YOU MUST UNDERSTAND THAT THE DIAGNOSIS CAN/WILL CHANGE IF ANY POLyps OR ANY ABNORMAL FINDINGS ARE FOUND DURING THE PROCEDURE. IF A POLYP OR ABNORMAL FINDING IS MADE, THE DIAGNOSIS IS NO LONGER A SCREENING, BUT IN FACT NOW A DIAGNOSTIC. THIS MAY CHANGE YOUR BENEFITS, CO-PAYS AND OR DEDUCTIBLE THAT YOU ARE REQUIRED TO PAY FOR THE SERVICE. A screening colonoscopy is one where the patient has ABSOLUTELY NO problems, NO complaints, No symptoms of any kind AND nothing is found during the procedure. Any Problem, Complaint, Symptom that a patient may have makes the colonoscopy a diagnostic and NOT a screening.** Should you have any questions prior to your procedure, please do not hesitate to ask.

Should your insurance coverage change, you must notify our office as soon as possible. Some insurance companies can take 3-7 days to obtain an authorization. This could cause us to reschedule your procedure date.